

Donation Items Shopping List



Meals in a can (with a pop top)
Canned Stew
Spaghetti Sauce with Meat
Canned Chili
Canned Sloppy Joe
Canned Meats, Poultry, Fish
Peanut Butter (plastic jars)
Dried Beans
Non-Fat Dry Milk
Evaporated Milk
Pasta/Macaroni
Boxed Macaroni & Cheese
Boxed or Bagged Cereals
Ramen Noodles
Grits (instant)
Oatmeal (instant)
Crackers
Cake Mixes

Jelly
Sugar
Mayonnaise
Coffee
Canned Fruits
Canned Vegetables
Canned Juices
Plastic Bottled Juices
Deodorant
Toothpaste
Toothbrushes
Bar/Liquid Soap
Feminine Products
Shampoo
Conditioner
Body Powder
Baby Powder

www.TrueCouponing.com

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