~"TRUECouponing" Cliff Notes~

TRUECouponing is:

- Holding coupons until the products go on sale
- Waiting for the lowest price during the 12-week sales cycle
- Buying newspapers in even numbers
- Using match-ups from TrueCouponing.com (Remember to look for the shopping carts, they point you to the BEST deals!)
- Buying enough product to last until the next sale cycle
- Buying items on sale vs. when needed
- Blessing others <a>(

Coupons:

- Use one manufacturer's coupon AND one store coupon (Publix, Sweetbay, etc.) on a product.
 1 Mfr Q and 1 Store Q = Stacking (but watch for item specifications)
- a BOGO coupon must be used ALONE on a BOGO deal! (It is one coupon that applies for 2 products)
- Manufacturer's coupons start with a "5" or "9"
- Blinkies, hangtags & tearpads
- Printables

File coupon inserts by Sunday date. DON'T cut yet!

- Mark the date on the inserts. Save them all!
- Store them in your coupon box w/file folders.
- Donate expired coupons to the military.

Shop to build your stockpile. 'Bootcamp' You don't want to pay the regular price ever again!

Learn to give up brand loyalties for BIG SAVINGS!

Products go on sale in "groups" like laundry detergent. One particular brand may take longer to come back on sale.

National brands are cheaper with a coupon than house brands.

Warehouse shopping has its limitations because the price of an economy sized anything is generally higher than a regular-sized product bought with a coupon!

Use the Coupon Database on our website for "NEED NOW" items!

Your Shopping Trip:

Carry a coupon purse, basket, etc.

DISINFECT THE CART!

Check for new flyers.

Shop ONLY off of your list.

Organize your coupons before getting in check out line.

A Little Lingo

OOP-Out of Pocket RP-Red Plum

Q-Coupon PG-Proctor & Gamble

SQ-Store Coupon GM-General Mills

MQ-Manufacturer Overage - when you get

Coupon paid to buy an item

SS-Smart Source FREE-FREE- a BOGO sale with a BOGO coupon

~Let's talk ETHICS!!~

- Read the coupon wording carefully-The coupon should be used ONLY for the specific item(s) listed on the coupon."
- 2. Watch expiration dates!
- Organize coupons BEFORE you get to the checkout. Neat & tidy!
- 4. Buy only what your family needs. . .leave some for the next couponer.
- 5. DO NOT re-sell coupon-purchased items! Use them for your family.
- Don't return a coupon-purchased product without subtracting the coupon value. Exchange the item instead.
- 7. Always be pleasant to store personnel.

We encourage everyone to play by the rules, this benefits EVERYONE! Thank You!



~Workshop Notes~

Please refer to our website for more information on:

- ~Upcoming coupon inserts
- ~Buy Price lowest price to pay with a coupon
- ~Expired Coupons: how they can bless others
- ~Workshops: to attend one or to schedule one
- ~To use our FREE Coupon Database

speed through the Checkout? at the save time Want to

coupons that require **Any FREE**

to fill in the dollar amount. Next: Any \$5 off \$50 (or \$5 off \$30,

Next: All Competitor Coupons
Next: All Store Coupons

All Manufacturer's Coupons of your stack:

Savings for yourself, Blessings for others. www.TrueCouponing.com "Give, and it will be given to you." Luke 6:38

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